

My name is Lauren Dorland and I am excited to be a Junior CanSkate coach this season.

I have been skating since I was 4 with the Trenton Figure Skating Club starting with the CanSkate program. It has really helped develop me into the skater I am today. Since then, I have achieved a triple gold status, by passing gold level tests in the artistic, skills and dance disciplines. During my journey, I have qualified to compete at provincials for my star 7 artistic in 2023 and my star 5 freeskate in 2024. My goals are to achieve my gold freeskate and to qualify for provincials again before I graduate highschool and move on with my coaching career.

Currently, I am a student at East Northumberland Secondary School, where I have worked hard to maintain an honour roll status. In the future I would like to be a athletic therapist working mainly with figure skaters to give back to the many people who have helped me overcome injuries.

Outside of the rink I work on my families dairy farm feeding calves and milking cows. I am also a member of the Quinte West Soccer Club and play rep level soccer.

I look forward to working with the CanSkate kids this season.