

As a full-time NCCP Level 3 certified coach for over 35 years, Jody brings an extensive background in synchronized skating, choreography as well as edges/turns/power/skating development. Jody has choreographed programs for provincial, national and international competitors, including athletes from USA, Finland and Australia. Her vision is to inspire young skaters to develop a love for creativity, freedom to express and movement to music on ice.

“At first you are a part of it, then it becomes a part of you”